

## Navajo Paintbrush, LLC

### A Cultural Experience

- Our guests will begin their 3 hour cultural experience with a delectable Navajo traditional dinner, prepared by our two expert Navajo chefs who are experienced in all aspects of Navajo cuisine.
- Following dinner you will be treated to 3 educational sessions: An Introduction to Navajo Traditional Foods, Navajo Weaving 101, and Navajo Dance (the Pow-Wow).
- For a more intimate experience our guests will be divided into 3 smaller groups who will rotate to each session every 20 minutes.

| SCHEDULE         |                    |                 |   |
|------------------|--------------------|-----------------|---|
| TIME: U.S.       | TIME: EUROPEAN     | 3 Hours:        | EVENT:  |
| 4:45 p.m.        | 16:45              | -               | Arrival                                       |
| 5:00-5:10        | 17:00-17:10        | 10 mins.        | Welcome Address                               |
| 5:10-5:45        | 17:10-17:45        | 35 mins.        | Dinner  |
| <b>6:00-6:20</b> | <b>18:00-18:20</b> | <b>20 mins.</b> | <b>Session I</b>                              |
| 6:20-6:30        | 18:20-18:30        | 10 mins.        | Transition                                    |
| <b>6:30-6:50</b> | <b>18:30-18:50</b> | <b>20 mins.</b> | <b>Session II</b>                             |
| 6:50-7:00        | 18:50-19:00        | 10 mins.        | Transition                                    |
| <b>7:00-7:20</b> | <b>19:00-19:20</b> | <b>20 mins.</b> | <b>Session III</b>                            |
| 7:20-7:30        | 19:20-19:30        | 10 mins.        | Return to Pavilion                            |
| 7:30-7:40        | 19:30-19:40        | 10 mins.        | Closing Address                               |
| 7:40-8:00        | 19:40-20:00        | 20 mins.        | Questions/Pictures/Purchases/Donations/Unwind |
| 8:00 p.m.        | 20:00              | -               | Depart  |

\*Please Note: Weather conditions can affect schedule and cancellation is possible.

| SESSIONS                                    |   |  |
|---|---|--|
| SESSIONS                                    | DESCRIPTIONS  | PRESENTER  |
| An Introduction to Navajo Traditional Foods | Navajo cuisine is simple, basic, and hardy. In this lesson you will learn the foundations of Navajo traditional foods. In addition, you will learn to prepare our famed Navajo Fry Bread. | Elizabeth Benally began preparing Navajo meals for her family at the age of nine. Like most Navajo girls, Elizabeth was taught by her mother and grandmother.      |
| Navajo Weaving 101                          | Navajo weaving is renowned throughout the world. This session will teach you the basics of Navajo weaving. From the wool to a work of art.  | Nellie Woody is a skilled Navajo weaver who began weaving as a young girl. Nellie is part of a lineage of weavers as her mother and grandmother were also weavers. |
| Navajo Dance (the Pow-Wow)                  | Pow-Wow dancing is distinctly Native American. You will observe a colorful and mesmerizing Pow-Wow dance and receive a tutorial on the performance. You may even get to try a dance.      | Presenters differ depending on availability and the dance being performed.   |

\*Please Note: A trail will take you to certain sessions and wearing comfortable shoes is advisable.